

WELCOME TO ST PETER'S LEISURE CENTRE

To ensure you make the most of your time with us, we have put together some useful information for when you arrive.

FACILITIES

The centre is located in the heart of Burnley and our facilities offer ample opportunity for leisure and activity to all populations. Within our facilities you will find a large 25-metre pool, as well as a training pool accompanied by a health suite with a jacuzzi, sauna, and steam room, and brand-new fitted showers.

We are continuously striving to improve our facilities, such as with our newly refurbished gym, which was completed in 2024, and our brand-new indoor cycling studio which was completed in 2023. Our building also includes a toning table gym, two sports halls with the capabilities to support a range of activities and sports such as badminton, table tennis, basketball, and football.

On our upper floor you will find two of our squash courts with their own seating area, as well as our fully kitted studio where you can experience our fitness classes from both Les Mills and the HIIT Company.

We also offer Health & Wellbeing services, including for those who are looking to get into, or return to, fitness through an exercise referral programme.



SCAN THE QR CODE
to find out about the
Active Wellbeing Service





LOCATION

St Peter's Leisure Centre stands tall and prominent in the heart of Burnley on Church Street. Our leisure facilities are housed alongside the local health facility.

Our car park has two entrances, from either Church Street or Bank Parade.

St Peter's Leisure Centre
Church Street
Burnley
BB11 2DL

OPENING TIMES

Monday to Friday	06:30 - 22:00 (last entry 21:15)
Saturday & Sunday	08:00 - 18:00 (last entry 18:15)



Prefer to visit at a quieter time? Please ask at reception for the best time to visit.

CAR PARKING

The use of our car park is free for up to 3 hours to all centre users, (excluding Active Network members), so you don't need to pay & display if you are using our facilities. Simply put your registration in the tablets which are on reception. However, we do ask that all cars are parked inside a designated bay; parking outside a bay or in a disabled bay without correctly displaying a badge may result in a fixed penalty fine.

CHANGING FACILITIES AND TOILETS

Our newly refurbished village changing area includes family changing cubicles with larger lockers, as well as group changing rooms to accommodate larger groups and schools.

The main changing village is available to all users. You will need a **£1 coin or token for the lockers** and the **hairdryers only take 20p coins**. The male and female dry changings are also available throughout the day.

Toilets are available to all leisure centre customers. We also have a disabled toilets and disabled changing facility. Showers are available in the newly refurbished shower room or the group changes.





WHAT WE OFFER

FITNESS CLASSES

We offer a huge variety of fitness classes, with over 80 classes a week. Classes are available any time to all members. Active Network members can attend classes but can only make a class booking on the day. If you are attending a class, you will need to bring yourself, a bottle and, depending on the class, a mat.

Non-members can book classes 3 days in advance but full payment must be made at the time of the booking.

GYM

The gym is available for members and non-members; if you require an induction, you can book one with reception. Any children aged 12-13 must be accompanied by an adult. Anyone aged 14 or older can use the gym unaccompanied.

We also offer 1 hour of free personal training support sessions every month as part of our membership.

BODITRAX

Boditrax is an impressive machine that scans your body and instantly provides results of 14 different measurements that you can view instantly after your scan, or discretely on your phone or computer when you get home.

These measurements include things such as your weight, BMI, metabolic age, and muscle and fat mass. Boditrax is free to use for members and you can also request a review of your results with a personal trainer.

ACTIVE HUB

Our Active Hub offers a less challenging environment to a conventional gym in a quiet, friendly, and sociable setting.

Active Hub includes assisted movement machines that work on stretching and tightening your muscles without stress or strain. It's completely safe and perfect for those who are recovering from illnesses or injuries. Health benefits from using our Active Hub include improvements in mobility, flexibility, muscular strength, and balance.





SWIMMING

Swimming is available throughout the week; we encourage all customers to take a look at our swimming timetable to check what's going on in the pool at the period during which you wish to swim.

We hold both school and private Swim Academy lessons. Please email swimacademy@blcgroup.co.uk for more information. Those on Swim Academy lessons can enjoy free swimming sessions.

HEALTH SUITE

Our fantastic health suite includes a jacuzzi, sauna, and steam room. Made to help you relax, our sauna and steam room are great for unblocking sinuses or airways, reducing tension or muscle aches, and improving joint movement.

Our jacuzzi is kitted out with powerful water jets to help revitalize any fatigue you may have built up over the day.

Our sauna is accessible to members with an Anytime, Off-peak, or Couples' membership. If you're not a member, you have the option to purchase a day pass for the health suite for £15, which also includes the health suite, gym, swim and classes for the day.

You will need to book in advance to use the health suite and also purchase a sauna band at reception to access the health suite.

MEMBERSHIPS

We have a variety of membership offers that cater to your specific leisure needs. We offer Anytime and Off-peak memberships to cover different time availabilities.

We also offer Junior and Student memberships at a lower rate to help families encourage their kids to stay active.

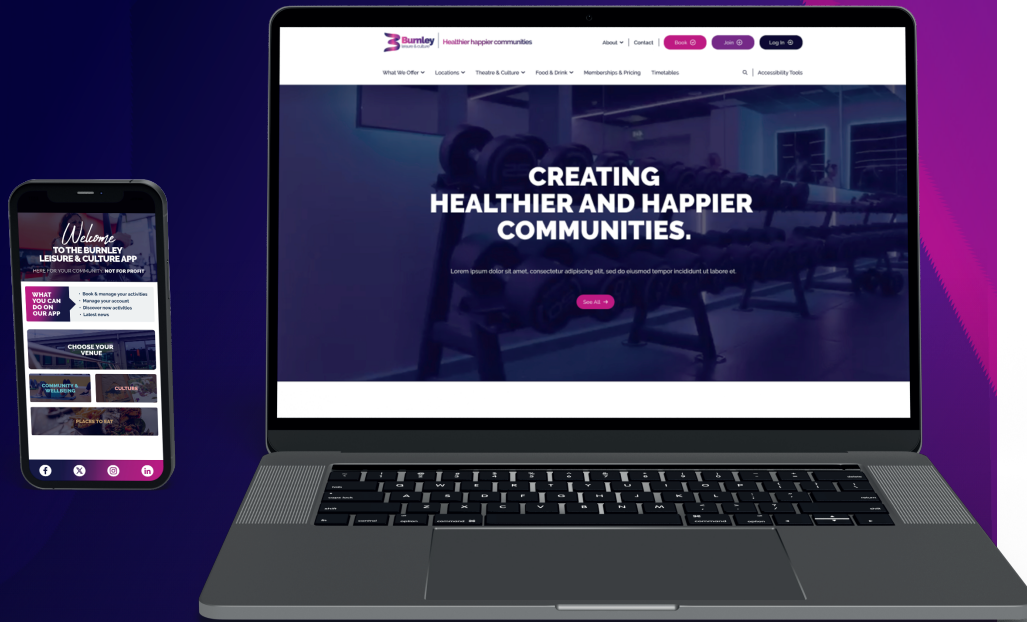
For couples or people who want to sign up with a friend, we offer a Couples' membership.

For those who only want to swim and have no interest in the gym, we have a Swim Only membership just for you.



WE'VE UPGRADED YOUR *Experience*

WITH OUR NEW WEBSITE AND APP

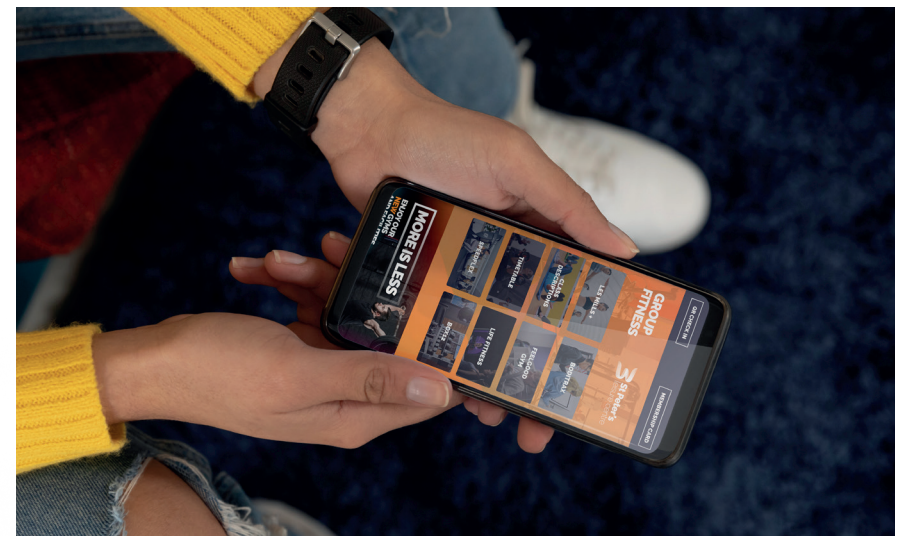


DOWNLOAD OUR APP TO BOOK

With our free BLC app, you can view timetables, book and manage your activities, and much more!



SCAN A QR CODE
to download our app
today via the App Store
or Google Play





AFTER SCHOOL CLUBS/ SCHOOL HOLIDAYS

SWIMMING CRASH COURSES

If your child's water confidence could do with a boost, we offer intensive crash course lessons suitable for ages 4 years and above, from complete beginners to improvers.

Holiday crash courses are the perfect way for children to enjoy their time off and release energy whilst improving their swimming ability and are also an ideal way to introduce a non-swimmer (aged 4+) to the water before joining our Swim Academy.



WHAT SESSIONS ARE OFFERED AS PART OF OUR WATER WELLBEING PROGRAMME?

The programme is constantly growing but sessions include:

Aqua Relax sessions - pool sessions where the focus isn't on swimming but using the water in ways which support recovery, management of health conditions, and rehabilitation. This might include walking, aquatic exercises, light swimming, or relaxation.

Good Boost - accessible through referral only.

Aqua Circuits - light, pool-based exercise sessions led by a qualified instructor.

GOOD BOOST

- 12-week programmes supported by trained BLC staff
- Tailored pool-based exercise programmes using AI technology

Support for people living with long term health conditions such as:

- Musculoskeletal conditions
- Joint pain and limited mobility
- Recovery after joint surgeries such as knee or hip replacements
- Long-term conditions which impact mobility, such as MS or Parkinson's

If you're living with a long-term health condition and looking for a way to manage your health and wellbeing through physical activity, please register your interest on our website.

www.blcgroup.co.uk/what-we-offer/swimming/water-wellbeing





TEAM SPORTS/INDOOR SPORTS

Our sports halls give you the opportunity to try your hand at other activities such as badminton, basketball, pickleball, table tennis, full court cricket, football, or basketball, and two squash courts.

We also offer sport halls for room hire, parties, and meetings.

HEALTH SUITE

The health suite is available from:

Monday to Friday 08:00 - 21:45

Saturday and Sunday 09:00 - 17:45

You will need to purchase a sauna band at reception to access the health suite and bring it with you on every visit.

Our health suite is mixed, apart from the following days and times:

LADIES ONLY SESSIONS

Wednesdays 16:30 - 21:45 & Sundays 16:30 - 17:45

MEN ONLY SESSIONS

Fridays 20:30 - 21:45 & Saturdays 17:00 - 17:45

GUIDANCE FOR CHILDREN

Any children under aged 12-13 must be accompanied by an adult.

Anyone over the age of 14 can use the gym unaccompanied. Time restrictions apply to under 16 years; access is available until 5.30pm Monday to Thursday, and anytime on Fridays and at weekends. No restrictions apply when accompanied by a parent/guardian.

PRICING

	ADULT	CONCESSION	JUNIOR
Swim	£6.30	£5.30	£4.00
Health Suite	£11.00	£10.50	-
Fitness Class	£8.00	£7.50	-
Squash Court	£10.00 off peak	£11.00 peak	-
Badminton Court	£11.25 off peak	£12.75 peak	-
Entire Hall	£42 off peak	£35 weekends	£52 peak

*Sports Hall/Squash off peak times before 4pm weekdays and all day at weekends.

Swim, gym, classes and health suite - off peak times are Monday – Friday (last entry time 3.15pm and exit time is 4pm) & all day at weekends.



SCAN THE QR CODE
to find out about our
memberships.



BOOKING

The quickest way to book your session is through our website. Non-members can book 3 days in advance, and Active Network members are able to book on the day. For anything else, please contact us on **01282 953444**.



It is also possible to book online using the QR code.

Walk-ins for classes depend on the capacity of the class. Live availability can be viewed online.

Health suite walk-ins no need to book, just turn up. Spaces are limited and subject to availability on the day. Members only on the last session each day. You will still need to purchase a sauna band from reception for a walk-in, if you don't already have one.

(Wednesdays from 16:30 - 21:45 and Sundays from 16:30 - 17:45 are ladies only sessions and Fridays from 20:30 - 21:45 and Saturdays 17:00 - 17:45 are male only; all other days mixed).

Walk-ins are possible for the gym, providing a previous gym induction has been completed.





CANCELLATIONS

If you are cancelling a class, please do so at the earliest opportunity.

Bookings can be cancelled online via Leisure Hub if they were originally booked online.

You can also cancel a class either by:

phone on **01282 953444** or

online by emailing **stpeters@blcgroup.co.uk**

MEMBERSHIPS

Memberships are available to purchase online or at the Leisure Centres either Annually, Monthly Direct Debit, or 1 month. Swimming lessons are only available as a direct debit.

BURNLEY LEISURE & CULTURE VENUES & DEPARTMENTS



**St Peter's
Leisure Centre**



**Padiham
Leisure Centre**



**Burnley
Mechanics Theatre**



**Prairie
Sports Village**



Towneley Golf



**Thompson
Park**



**Barden
Athletics Track**



**Community &
Wellbeing**



Hospitality



Swim Academy
blcgroup.co.uk/activity/swim-academy



WE LOOK FORWARD TO SEEING YOU.

ST PETER'S LEISURE CENTRE

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Tel: 01282 953444

Email: stpeters@blcgroup.co.uk

blcgroup.co.uk



Healthier happier communities



blcgroup.co.uk | Tel: 01282 664444