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Z	Water Fitness
3	12:00 - 12:45
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Alternative Fitness 13:45 - 14:45

15:30 - 19:30

HAF Party
TAT PULLY
10.00 14.00
13:00 - 14:00

TUESDAY

Adult Only

08:00 - 09:00

Public Swim*

09:00 - 19:30

Crash Courses

09:00 - 11:00

Private Lesson 15:45 - 19:30

12:25 - 13:05

WEDNESDAY

Adult Only

08:00 - 09:00

Public Swim*

09:00 - 21:00

Crash Courses

09:00 - 11:00

16:00 - 18:30

THURSDAY Adult Only

08:00 - 09:00 Public Swim *

Public Swim* 09:00 - 21:00 09:00 - 21:00

Crash Courses Crash Courses 09:00 - 11:00 09:00 - 11:00

FRIDAY SATURDAY Adult Only

Public Swim* 09:00 - 16:00

Public Swim 09:00 - 14:45

Private Lesson 09:00 - 13:00

MONDAY

Adult Only

08:00 - 09:00

Public Swim*

09:00 - 19:30

Crash Courses 09:00 - 11:00

Private Lessons

Water Fitness

Private Lesson

Private Lesson 16:00 - 18:30

HAF Party 13:00 - 14:00

08:00 - 09:00

Private Lesson 16:00 - 18:30

Adult Only 16:00 - 17:00

Adults Only 16:00 - 17:00

SUNDAY

Scuba Divina 19:30 - 21:00

Adult Only 21:00 - 22:00

Ladies Only 19:30 - 21:00

Adult Only 21:00 - 22:00

Swimfit 18:45 - 19:45

Adult Only 21:00 - 22:00

Adult Only 21:00 - 22:00

Adult Only 21:00 - 22:00 **POOL KEY**

Main Pool

Fitness Class

Lessons

Pool Closed

* Reduced Pool Space



Please note that Swimfit and Swimming Club are both lane swimming, adult only sessions. HAF Pool parties will only be on the following dates: 29/07, 12/08, 26/08 All times are subject to change