

WELCOME TO ST PETER'S LEISURE CENTRE

To ensure you make the most of your time with us, we have put together some useful information for when you arrive.

Facilities

The centre is located in the heart of Burnley and our facilities offer ample opportunity for leisure and activity to all. Within our facilities you will find a large 25-metre pool, as well as a training pool accompanied by a health suite with a jacuzzi, sauna, and steam room, and brand-new fitted showers and changing facilities.

We are continuously striving to improve our facilities, such as with our newly refurbished gym, which was completed in 2024, and our brand-new indoor cycling studio which was completed in 2023. Our building also includes a toning table gym, two sports halls with the capabilities to support a range of activities and sports such as badminton, table tennis, basketball, and football.

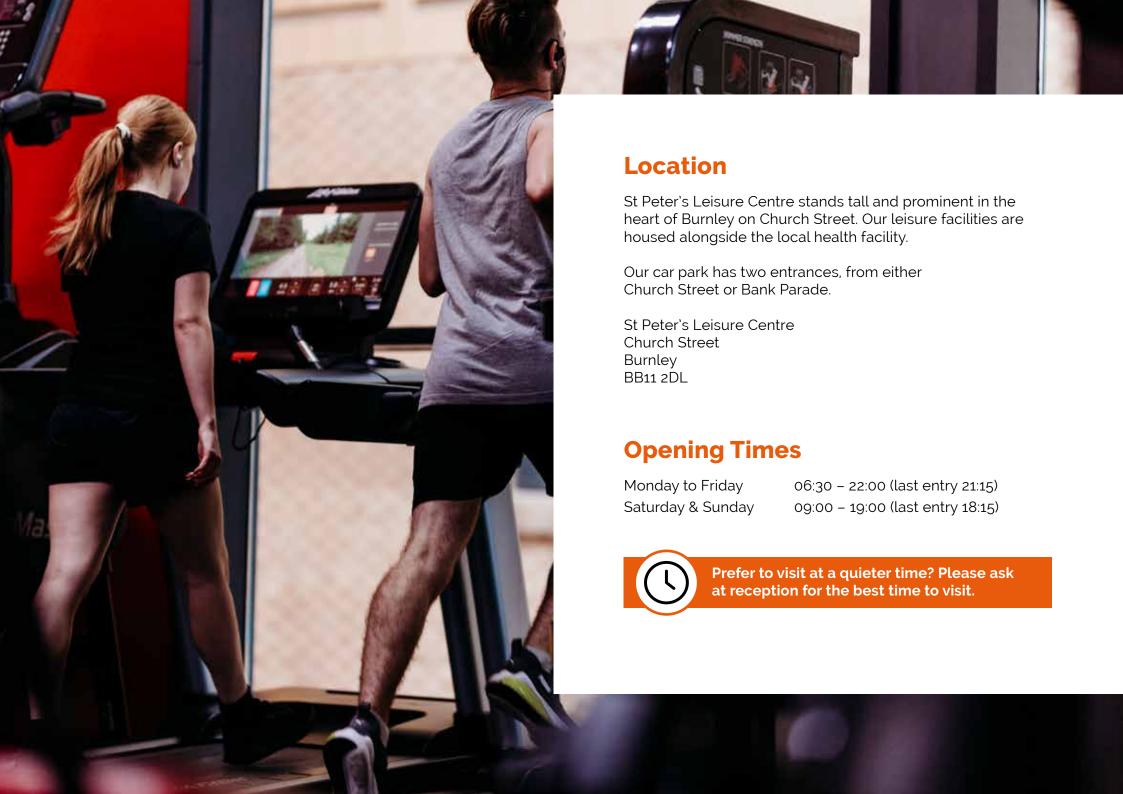
On our upper floor you will find two of our squash courts with their own seating area, as well as our fully kitted studio where you can experience our fitness classes from both Les Mills and the HIIT Company.

We also offer support services such as Up and Active who work together with those who are looking to return to fitness through an exercise referral program.



Please scan the QR code to find out about the Up and Active service





Car Parking

The use of our car park is free for up to 3 hours for all centre users (excluding Active Network members), so you don't need to pay & display if you are using our facilities. Simply put your registration in the tablets which are located after the turnstiles. However, we do ask that all cars are parked inside a designated bay; parking outside a bay or in a disabled bay without correctly displaying a badge may result in a fixed penalty fine.

Disabled parking is free of charge; scan your blue badge at the payment terminals at the building entrance, then return your badge to your vehicle after scanning.

Daily Charges

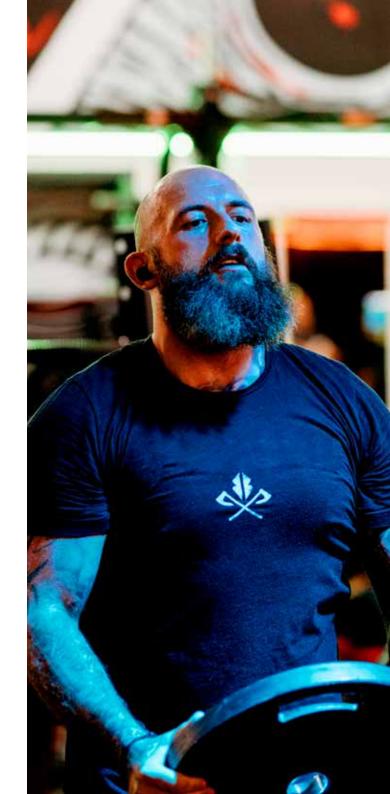
Up to 1 hour £2.00
Up to 2 hours £3.00
Up to 3 hours £4.00
Up to 12 hours £12.00
Up to 24 hours £15.00

Changing Facilities and Toilets

Our newly refurbished village changing area includes family changing cubicles with larger lockers, as well as group changing rooms to accommodate larger groups and schools.

The main changing village is available to all users. You will need a £1 coin or token for the lockers and the hairdryers only take 20p coins. The male and female dry changing rooms are also available throughout the day.

Toilets are available to all leisure centre customers. We also have a disabled toilet and disabled changing facility. Showers are available in the newly refurbished shower room or the group changes.





What we offer

Fitness Classes

We offer a huge variety of fitness classes, with over 80 classes a week. If you are attending a class, you will need to bring yourself, a bottle and, depending on the class, a mat.

Members have priority booking of fitness classes 7 days in advance. Non-members can book classes 3 days in advance with full payment at the time of booking.

Active Network members can attend classes if space is available but cannot book in advance.

Gym

The gym is available for members and non-members, and an induction is required. Any children aged 12-13 must be accompanied by an adult. Anyone aged 14 or older can use the gym unaccompanied, however there are some time restrictions for under 16 years, i.e. unaccompanied up to 17:00 Monday to Thursday.

We also offer 1 hour of free personal training support sessions every month as part of our membership.

Boditrax

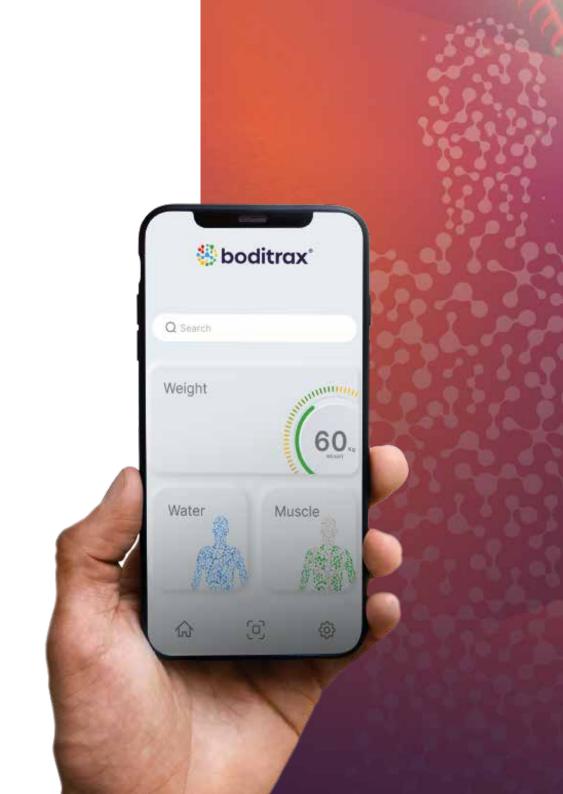
Boditrax is an impressive machine that scans your body and instantly provides results of 14 different measurements that you can view instantly after your scan, or discretely on your phone or computer when you get home.

These measurements include things such as your weight, BMI, metabolic age, and muscle and fat mass. Boditrax is free to use for members and you can also request a review of your results with a personal trainer.

Feelgood Gym

Our Feelgood Gym offers a less challenging environment to a conventional gym in a quiet, friendly, and sociable setting.

The Feelgood Gym includes assisted movement machines that work on stretching and tightening your muscles without stress or strain. It's completely safe and perfect for those who are recovering from illnesses or injuries. Health benefits from using our Feelgood Gym include improvements in mobility, flexibility, muscular strength, and balance.





Swimming

Swimming is available throughout the week; we encourage all customers to take a look at our swimming timetable to check what's going on in the pool at the period during which you wish to swim.

We hold both school and private Swim Academy lessons. Please email **swimacademy@blcgroup.co.uk** for more information. Those on Swim Academy lessons can enjoy free swimming sessions.

Health Suite

Our fantastic health suite includes a jacuzzi, sauna, and steam room. Made to help you relax, our sauna and steam room are great for unblocking sinuses or airways, reducing tension or muscle aches, and improving joint movement.

Our jacuzzi is kitted out with powerful water jets to help revitalize any fatigue you may have built up over the day.

Our sauna is accessible to members with an Anytime, Off-peak, or Couples' membership. If you're not a member, you have the option to purchase a day pass for the health suite for £10, which also includes a swim session!

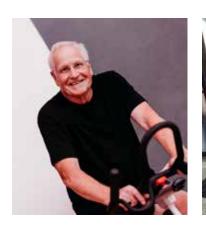
Memberships

We have a variety of membership offers that cater to your specific leisure needs. We offer Anytime and Off-peak memberships to cover different time availabilities.

We also offer Junior and Student memberships at a lower rate to help families encourage their kids to stay active.

For couples living at the same address, we offer a discounted Couples' membership

For those who only want to swim and have no interest in the gym, we have a Swim Only membership just for you.







After school clubs/school holidays

Swimming crash courses

If your child's water confidence could do with a boost, we offer intensive crash course lessons suitable for ages 3 years and above, from complete beginners to improvers.

Holiday crash courses are the perfect way for children to enjoy their time off and release energy whilst improving their swimming ability and are also an ideal way to introduce a non-swimmer (aged 3+) to the water before joining our Swim Academy.

Times are subject to availability:

gam: Non-swimmers, under 5's

9:30am: Beginner swimmers, under 5's (confident in water)

10am: Non-swimmers, over 5's

10:30am: Beginner swimmers, over 5's (confident in water)

Trampolining

Our trampoline activity is offered to two age groups every Tuesday night. Ages 4-6 have their session between 16:15 and 17:15 whilst ages 7+ have their session from 17:15 - 18:30.

Holiday Club

We provide outstanding childcare for children aged 5-13 during the school holidays, where children's welfare and fun are at the heart of all we do! Children will enjoy a fantastic range of sports, games, and art activities every week, led by our team of highly qualified sports coaches and teachers. Our Holiday Club is registered with Ofsted, and we offer discounts for siblings.

For more information about our Holiday Club, please contact Shrona - email: **spilling@blcgroup.co.uk** or phone: **07710 586 198**.





Team Sports/Indoor Sports

Our sports halls give you the opportunity to try your hand at other activities such as badminton, basketball, pickleball, table tennis, full court cricket, football, or basketball, and two squash courts.

We also offer sport halls for room hire, parties, and meetings.

Health Suite

The health suite is available from:

Monday to Friday 08:00 - 21:45 Saturday and Sunday 09:00 - 18:45

Our health suite is mixed, apart from the following days and times:

Ladies only sessions

Wednesdays 16:30 - 21:45 & Sundays 16:30 - 18:45

Men only sessions

Fridays 20:30 - 21:45 & Saturdays 17:00 - 18:45

14-15 year-olds

The gym is available until 17:00 Monday – Thursday unless accompanied by an adult, and anytime from Friday – Sunday.

Pricing

| | Adult | Concession | Junior | Weekends |
|------------------|-------------------|----------------|--------|----------|
| Swim | £5.50 | £5 | £3.50 | - |
| Health Suite | £10 | £9.50 | - | - |
| Fitness Class | £7 | £6.50 | - | - |
| Class prices | £7.50 off peak | £7 peak | - | - |
| Squash Court | £9.00 off peak | £10.00 peak | - | - |
| Badminton Court | £11 off peak | £12.50 peak | - | - |
| Full Sports Hall | £42 off peak | £52 peak | - | £34 |

^{&#}x27;Off peak times before 4pm weekdays and all day at weekends



Please scan the QR code to find out about our memberships.







Booking

The quickest way to book your session is through our app or website. Members can book 7 days in advance and non-members 3 days in advance. Active Network members are able to attend on the day if space is available. For anything else, please contact us on **01282 953444**.



It is also possible to book online using the QR code.

Walk-ins for classes depend on the capacity of the class. Live availability can be viewed online.

Health suite walk-ins no need to book, just turn up. Spaces are limited and subject to availability on the day.

(Wednesdays from 16:30 - 21:45 and Sundays from 16:30 - 18:45 are ladies only sessions and Fridays from 20:30 - 21:45 and Saturdays 17:00 - 18:45 are male only; all other days mixed).

Walk-ins are possible for the gym, providing a previous gym induction has been completed.





Cancellations

If you are cancelling a class, please do so at the earliest opportunity.

Bookings can be cancelled online via Leisure Hub if they were originally booked online.

You can also cancel a class either by:

phone on **01282 953444** or

online by emailing stpeters@blcgroup.co.uk

Memberships

Memberships are available to purchase online or at the Leisure Centres either Annually, Monthly Direct Debit, or 1 month. Swimming lessons are only available as a direct debit.

Burnley Leisure & Culture venues & departments



St Peter's Leisure Centre



Padiham Leisure Centre



Burnley **Mechanics Theatre**



Prairie Sports Village



Towneley Golf



Thompson Park



Barden **Athletics Track**



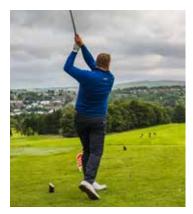
Community & Wellbeing



Hospitality













We look forward to seeing you.

St Peter's Leisure Centre

Tel: 01282 953444

Email: stpeters@blcgroup.co.uk

blcgroup.co.uk



- / Local Charitable Trust
- / Supporting Children to Swim
- Community Health Programmes
- Reinvesting in Services